

# QC Publish & Flourish/Sit N Write

## Presents:

# Thriving in Stressful Times

**September 6, 2024  
10:00 AM - Noon EST  
Via Zoom**

**Registration Link:  
SIT N WRITE F24**



with Dr. Roxanne Donovan,  
Professor of Psychology  
Kennesaw State University &  
Founder of Well Academic

