

# QC Publish & Flourish/Sit N Write Presents:

## Thriving in Stressful Times

September 6, 2024  
10:00 AM - Noon EST  
Via Zoom

Registration Link:  
[SIT N WRITE F24](#)



with Dr. Roxanne Donovan,  
Professor of Psychology  
Kennesaw State University &  
Founder of Well Academic

