



Emotional Intelligence for Supervisors

Our emotions can bring us joy and happiness, but also pain and frustration if we do not manage them well. This workshop discusses the steps necessary for supervisors to build and maintain a balanced emotional life at work to improve relationships with employees, and achieve greater levels of success as a leader.

**Monday, February 27, 2017
12pm - 2pm
Location TBA**

Please click [here](#) to RSVP
(<http://www.qc.cuny.edu/HR/Pages/rsvp.aspx>)

**Greg Brannan
Director of Business Development & Training
BIO**

Greg Brannan from Deer Oaks EAP Services has over 15 years of experience in training and organizational development. He specializes in providing engaging training courses designed to help organizations improve workplace culture and morale, and help individuals build strong relationships, improve attitudes, and cope effectively with stress. Greg was trained in marriage and family counseling, and has worked for over 20 years in the behavioral health care field.

The groups he has worked with include the National Association of State Personnel Executives (NASPE), the State and Local Government Benefits Association (SALGBA), the National Institutes of Health, the FBI, the State of New Jersey, and various municipalities, colleges, and school districts.

Deer Oaks EAP Services is the provider of Work-Life Program for CUNY employees. For information, please call Deer Oaks EAP toll-free at 1-888-993-7650. Online tools are also available to you at <https://www.deeroakseap.com/member-login/>, login & password is CUNY.