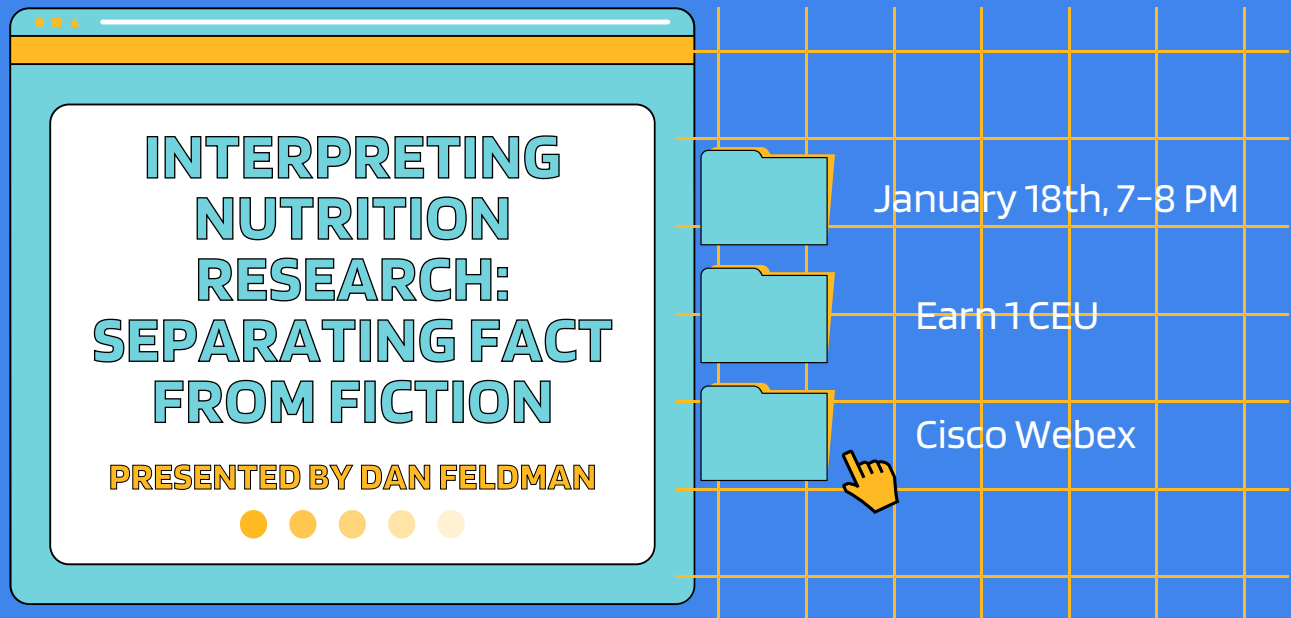


# LIAND WEBINAR SERIES



Dan is a registered dietitian and personal trainer, with a bachelor of science in dietetics and a master of science in human nutrition. He owns a virtual, insurance-based private practice and works part-time as a nutrition researcher for Examine.com. He also manages a growing Instagram page, @powerlifterdietitian, for which he disseminates nutrition and health-based research findings as well as practical health and wellness tips. When he's not seeing clients or pouring over peer-reviewed literature, you can find him jamming on the piano or acoustic guitar, or telling everyone how cool his dog is.

Upon completion of this webinar participants will be able to:

- Define each component of a research paper and its relevance
- Describe three practical steps to reading nutrition literature more critically
- Identify three methods to respectfully disagree with another individual with regard to nutrition research findings

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