

*Our ability to reach Unity in Diversity will be the  
beauty and test of our civilization!*

*- Mahatma Gandhi -*

*You have to taste a culture to understand it.*

*- Deborah Cater -*



## Continuing Education Opportunity WEBINAR ANNOUNCEMENT

Indians In Nutrition and Dietetics Member Interest Group (IND MIG) of the Academy of Nutrition and Dietetics is pleased to invite you to attend a **complimentary** webinar.

**Title:** Amyotrophic Lateral Sclerosis: The Essential Role of Functional Nutrition in Healing ALS

**Presenter:** Coco Newton, MPH, RD, CNS

**Date:** Tuesday, April 20, 2021

**Time:** 1PM – 3PM ET (New York) / 12PM CT (Chicago) / 11AM MT (Colorado) / 10AM PT (California)  
10:30PM (India)

**Registration Link:** <https://bit.ly/3l4Rfnw>

### Webinar Description:

The standard of care for nutritional practice in ALS has remained the same for decades, focused on weight loss and feeding strategies (tube feeding, etc.). A Functional Medicine approach to nutritional management is needed to bridge the gap of care, since there are patients with ALS that have improved function and reversed the disease through nutrition and other natural therapeutics.

### Learning Objectives:

Upon completion of the program, the participants will be able to:

1. Explain the rationale of a functional nutritional approach to ALS.
2. Describe potential dietary treatments and nutritional supplements to therapeutically benefit patients with ALS.
3. Identify key metabolic abnormalities that nutrition specifically addresses.
4. Recognize the factors that have enabled some patients with ALS to prevent deterioration, and partially or fully reverse the disease.

### Performance Indicators:

- 4.2 - Reflects, integrates, and evaluates using critical thinking when faced with problems, issues, and challenges.
- 8.3 – Demonstrates a commitment to maintaining and enhancing knowledge.
- 10.4 – Applies knowledge of the interrelationship and impact of pharmacotherapy, dietary supplement, functional foods and nutrients on health and disease in accordance with scope of practice and standards of professional performance for RDNs.

**CPE Level: I/II – 2.0 CPE (pending)**

**Meet our Presenter:**



Coco Newton, MPH, RD, CNS is owner of Lifetime Nutrition, LLC, a private practice in Maple City, Michigan. She has expertise in Functional Medical Nutrition Therapy (FMNT) for prevention and treatment of chronic diseases and syndromes. Currently she is devoted to helping patients with Amyotrophic Lateral Sclerosis (ALS) throughout the world via her virtual clinical practice and educational programs for patients and professionals.

Coco received her Bachelor of Science (BS) degree in Dietetics/Community Nutrition from the University of California (Davis) and her Master of Public Health (MPH) in Nutrition from the University of Minnesota. She completed her dietetic internship at the University of California (San Diego) and is a registered dietitian (RD) through the Academy of Nutrition

and Dietetics. She is a Certified Nutrition Specialist (CNS) through the Board for Certification of Nutrition Specialists at the American Nutrition Association.

Coco co-founded and served on the Institute for Functional Medicine's Nutrition Advisory Board from 2007-2010. In 2010, she co-founded the University of Kansas' Nutrition Fellowship Program, a collaborative program through the University's departments of Integrative Medicine and Dietetics & Nutrition. Coco served on the state of Michigan Board of Dietetics and Nutrition from 2007 to 2013, and championed the successful repeal of the anti-competitive and discriminatory Dietetics/ Nutrition Licensure Law on July 1, 2014, the first repeal in the United States.

Coco is an active lecturer and advisor to HealingALS.org with the mission to educate persons diagnosed with ALS and medical professionals on nutritional protocols to slow, stop, and potentially reverse ALS. Coco authored the chapter: *Amyotrophic Lateral Sclerosis (ALS): The Application of Integrative & Functional Medical Nutrition Therapy (IFMNT)* published April 2020 by Springer in the textbook: *Integrative and Functional Medical Nutrition Therapy: Principles & Practices*.

Coco received the *2020 Lifetime Achievement Award* from Dietitians in Integrative and Functional Medicine (DIFM), a practice group of the Academy of Nutrition and Dietetics.

We look forward to welcoming you for this unique webinar.

Warmest Regards,

**IND MIG Executive Committee 2020-21**

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