

New York Presbyterian CHALK | Youth Market | 2022 Paid Summer Internship: Farmers Markets, Community Nutrition, and Public Health

Choosing Healthy & Active Lifestyles for Kids (CHALK) is New York Presbyterian's (NYP) community-based obesity prevention program in collaboration with Columbia University Irving Medical Center (CUIMC) and the community of Northern Manhattan and The Bronx. Our aim is to reduce the prevalence of childhood obesity by creating an environment in which healthy lifestyles are integral to the lives of all children, their families, and their communities. Reach out to Kyle Murray kym9009@nyp.org if interested.

PROGRAM GOALS

Over the course of the summer, interns will receive hands on experience with nutrition and health education programming, public health topics, local agriculture, the environment, small business operations, customer service, and community outreach. This is an opportunity to learn valuable job skills in a fun and supportive environment. In addition, youth interns will become ambassadors of healthy living and eating among their families and neighbors, helping to improve the health and wellbeing of their community at large. Interns will work about 15 hours per week, and will receive an \$1800 stipend for the summer.

Through a partnership with GrowNYC, CHALK is offering a paid summer internship on the front lines of Farmers Markets, Community Nutrition, and Public Health education. The Youth Market program will provide youth with an opportunity to get involved with local farmers markets, nutrition education, and emergency food distribution. Under the supervision of CHALK staff, interns will:

- Work Tuesdays, Wednesdays, and Thursdays during July and August
- Work at the farm stands selling produce, providing nutrition education
- Responsible for setting up/breaking down the farm stand at the beginning and end of the day
- Promote the Greenmarkets in various settings around the neighborhood
- Support NYP CHALK food distributions for food insecure families in Washington Heights and Inwood
- Provide in-person delivery of grocery boxes to patients and families who cannot reach food distributions on their own
- Research and develop educational materials on food and nutrition, including food insecurity
- Learn about food, the environment, nutrition and disease, public health, health education, and business
- Practice professional development skills: responsibility, communication, preparation, presentation

INTERNSHIP REQUIREMENTS

- Must be between 15 and 22 years old
- Outgoing, energetic and motivated
- Responsible and professional
- Enjoys public speaking to customers at the farm stand and to community residents at outreach events
- Enjoys working with fresh produce, learning about regional agriculture, the environment and managing a small business
- Enjoys working outdoors in all weather (rain or shine)
- Must be able to stand and walk for extended periods, carry heavy and bulky items (must be able to lift 50 lbs)
- Must be able to solve basic math problems

QUALIFICATIONS

- Hardworking, punctual, responsible and reliable
- Comfortable working with numbers, counting cash, and performing simple math at retail point-of-sale
- Strong problem-solving and critical thinking skills
- In addition to English, fluency in Spanish and other languages strongly preferred